



THE HOME OF BALANCE

Water is recognised as being a vital element, a “source of life”, and at Les Thermes evian® is central to a programme that focuses specifically on health. The opportunity to return to one’s roots and to what really matters, making the most of the benefits provided by evian® natural mineral water in a place that is unique.



THE HISTORY

In 1789, Count Laizer, a scientist, discovered the benefits of evian® natural mineral water. Taking the waters in Evian-les-Bains became very popular with the aristocracy and European bourgeoisie, which led to the resort becoming famous for its thermal spa programmes.

In 1984, Les Thermes d'evian® moved to its current premises on the lake and has continued ever since to hone its medical spa programme and thermal spa treatment protocols to enable all those looking to preserve their health to benefit from the

therapeutic benefits of evian® natural mineral water (recognised by the National Academy of Medicine), directly at its source. It is particularly recommended to treat rheumatological, urinary system, metabolic and digestive disorders.

In 2012, the centre was totally renovated by architect Olivier Chabaud, fitted with the latest in equipment and spaces designed to let the light in and afford soothing views of the lake.

THE PROUVÉNOVARINA PUMP ROOM *an architectural gem*

In 1956, the buildings of the Cachat Spring located "Rue Nationale" (high street) had become unsuitable and the Evian Mineral Water Company commissioned a new building by the architect Maurice NOVARINA and the engineer Jean PROUVÉ. As soon

as the building was finished, the new techniques used earned much admiration. The pump room was registered as an historical monument in 1986 and became listed in 2013. It features two works by the artists Raoul Ubac and André Beaudin.

EVIAN® NATURAL MINERAL WATER

evian® natural mineral water is a bicarbonate-calcium-magnesium water type with a low mineral and low sodium content and is pH neutral. It derives its characteristics from its origins: the impluvium (catchment area) is hydrogeological site created 35,000 years

ago, which filters and enriches the water over a 15-year period while protected below thick layers of clay. An absolute miracle of nature. Pure, stable and pollution-free, evian® natural mineral water is very kind to skin.



EVIAN® THERMAL SPA

Les Thermes evian® provides treatments with evian® natural mineral water, some treating medical conditions, as well other spa treatments and activities devoted to beauty and well-being. The Aqua, Wellness and Fitness areas offer programmes to renew, relax or tone that are tailored to the needs and desires of each individual.

Fitness area - Tone

A lake view gym offers a range of classes with workouts for all abilities and a cardio & weight training area for toning up. Sports coaches draw up a fitness evaluation.
360 m² / 3 rooms / 1 leisure pool

Wellness area - Relaxation

A space devoted exclusively to beauty treatments and massages. Therapists offer polysensorial massages that promote relaxation and release muscle tension. The spa has chosen to partner with DERM ACTE and MATIS.
380 m² / 8 treatment rooms with natural daylight including a duo room
1 cryotherapy machine / 2 steam rooms / 1 sauna

Aqua area - Renew

An inviting, comfortable space with cutting edge equipment. The thermal spa programmes and treatments are performed in accordance with the «health through water» concept which focuses on the recognised benefits of evian® natural mineral water and rebuilds cells.
700 m² / 26 treatment rooms / 1 thermal pool

Evian Thermal

in brief

The only pool in the world filled with evian® natural mineral water

Over a 100 years' experience in thermal spa treatments

3 spa areas: Aqua, Wellness and Fitness

Aquacert certification (since 2016)
and Aquacert Spa certification (since 2019).

An international certification that guarantees the quality
and health safety of the thermal water.

A treatment menu for children and a baby & mother programme

The "Buvette Prouvé-Novarina" (pump room),
listed as an historical monument



Les Thermes Evian

www.lesthermesevian.com

